

Tips for parents and caregivers to create art at home

1) Use what you have already at home.

You do not need to visit the store for art supplies. You likely have plenty at home. Pencil or pens can be used for drawings. Old magazines and glue can be used to create collage. Paper mache glue can be created using pantry items such as flour, salt and torn newspaper.



2) Create a space for free art making.

Give the family the ability to create art freely. You can collect supplies in a basket with paper or even set up a small table. This allows everyone to create on a whim. Use clothes pins on a string to display everyone's creations.

3) Take it outside!

You can go outside and create art with natural items like pine cones, leaves, rocks. You can take a walk and create a drawing of things you find interesting. Taking photos of these items can be fun too. Have you ever done a rainbow color hunt before?

4) Present and talk about the artwork together.

Family members can take turns sharing their artwork, describing how their art was made. Ask questions like, what was most challenging part to create? Discuss together how the outcome was worth the effort.



5) Share the art with friends and family digitally.

Send your artworks by email, video chat or snail mail to friends and family that you be be unable to visit right now. This can help children and families feel connected to those they miss.

6) Art making is about the journey not the destination.

Product based art lessons put too much emphasis on a finished project. Process based art lessons place emphasis on learning and experimentation. Children can create while problem solving and discovering new abilities.

